



ALL AGE  
CATEGORIES

TEAM & INDIVIDUAL

KATA, KUMITE,  
JAKUSOKU KUMITE

TV BROADCAST

[www.karatecup.com](http://www.karatecup.com)



# GPHK | SKIF 2026

23<sup>RD</sup> GRAND PRIX HRADEC KRALOVE  
INTERNATIONAL KARATE TOURNAMENT (SKIF)

25<sup>TH</sup> - 26<sup>TH</sup> APRIL 2026



NÁRODNÍ  
SPORTOVNÍ  
AGENTURA



KRÁLOVÉHRADECKÝ  
KRAJ



# INVITATION

Kamil Guzek  
Director of Grand Prix Hradec Kralove



Dear karatekas,

SKIF CZ and Spartak Hradec Králové organize another top SKIF tournament. In addition to the SKIEF European Championship 2017 and the SKIF World Championship 2019, 3 editions of the Grand Prix Hradec Králové have already taken place in Hradec Králové city under SKIF rules: The tournament takes place in the Trebes sports hall, where both sports halls will be available for the tournament

Last year, the sale of the book WCH SKIF 2019 was launched at the Grand Prix Hradec Králové. The book will also be available for purchase at the Grand Prix Hradec Králové 2026 tournament.

The tournament has the same categories as those at SKIF championships so that competitors can prepare in advance for the SKIF World Championship 2026. In addition, weight categories will be announced in youth categories, categories for lower technical grades at the Grand Prix Hradec Králové. Competitors can also take advantage of alternating starts in higher age categories.

The tournament is organized by the SK Karate Spartak Hradec Králové club in cooperation with SKIF CZ and with the support of the city of Hradec Králové and the Hradec Králové region. It is the same organizing team that organized the SKIEF European Championship 2017 and the SKIF World Championship 2019 in Hradec Králové. Therefore, the team that will do everything in 2026 to ensure that all competitors, coaches, referees, and fans of karate who travel to the Grand Prix Hradec Králové 2026 are maximally satisfied with the tournament visit to Hradec Králové and leave with the most pleasant experiences.

# VENUE

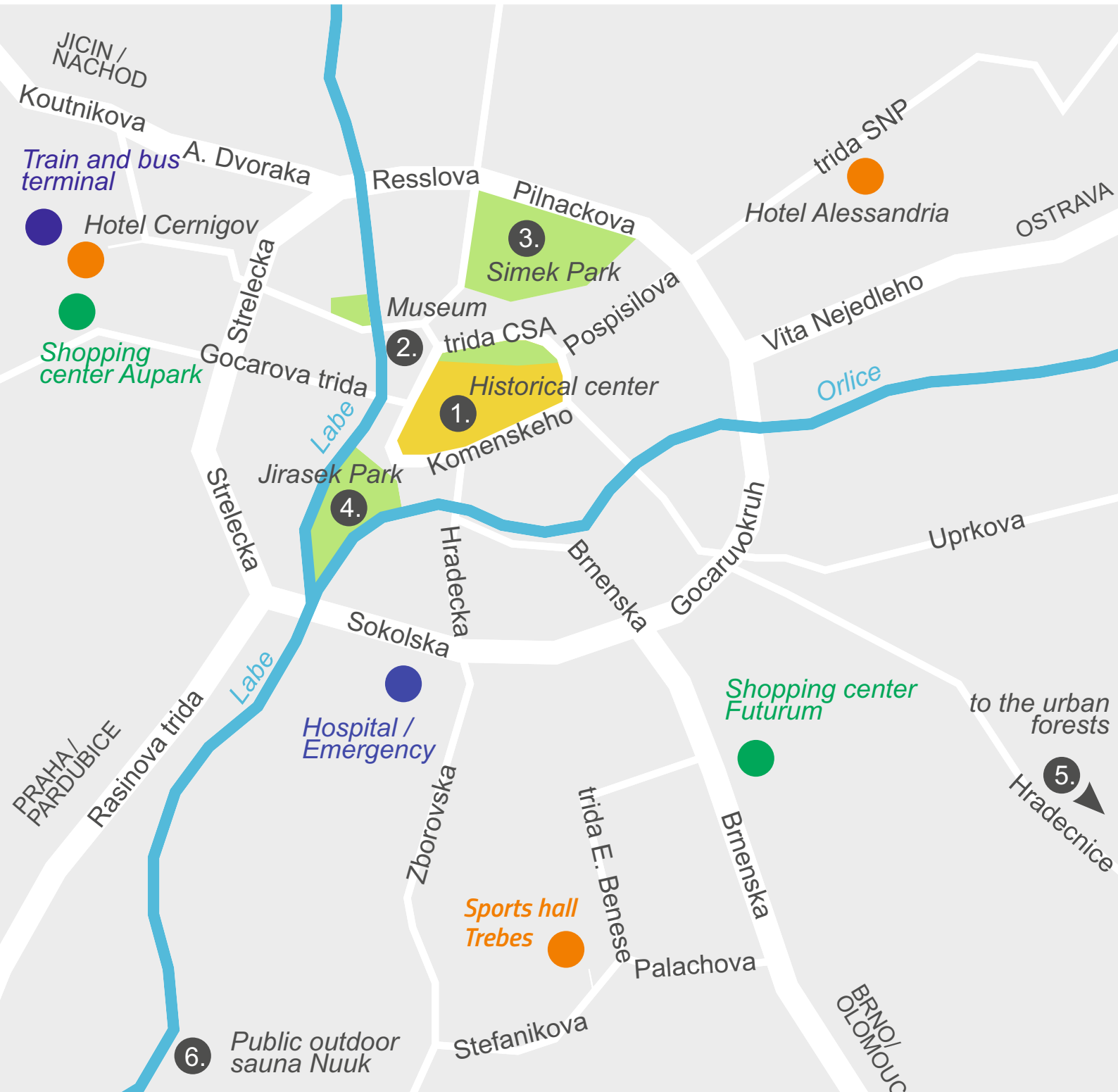
25<sup>th</sup> - 26<sup>th</sup> April 2026  
Trebess Sports Hall / Hradec Kralove / CZE



**Venue:** Trebes Sports Hall, Hradec Kralove, Czech Republic  
**Address:** Na Potoce 691/30, 500 11 Hradec Kralove  
**GPS:** N 50°11.38368', E 15°50.32417'

# CITY MAP

Grand Prix Hradec Kralove  
25<sup>th</sup> - 26<sup>th</sup> April 2026



Legend of the map on next page

# WHAT TO VISIT

Grand Prix Hradec Kralove  
25<sup>th</sup> - 26<sup>th</sup> April 2026



① Historical center. What to visit: The White tower ([www.bilavez.cz](http://www.bilavez.cz)), The Cathedral of the Holy Spirit, The Gallery of modern art, terraces and gardens around the square.

② Museum. [www.muzeumhk.cz](http://www.muzeumhk.cz)

③ Šimek sets. Go for a walk, relax and take a coffee.

④ Jirasek sets. Beautiful nature in a middle of city. What to see: Confluence of Labe (Elbe) and Orlice rivers and

wooden Church of the Holy Nicholas.

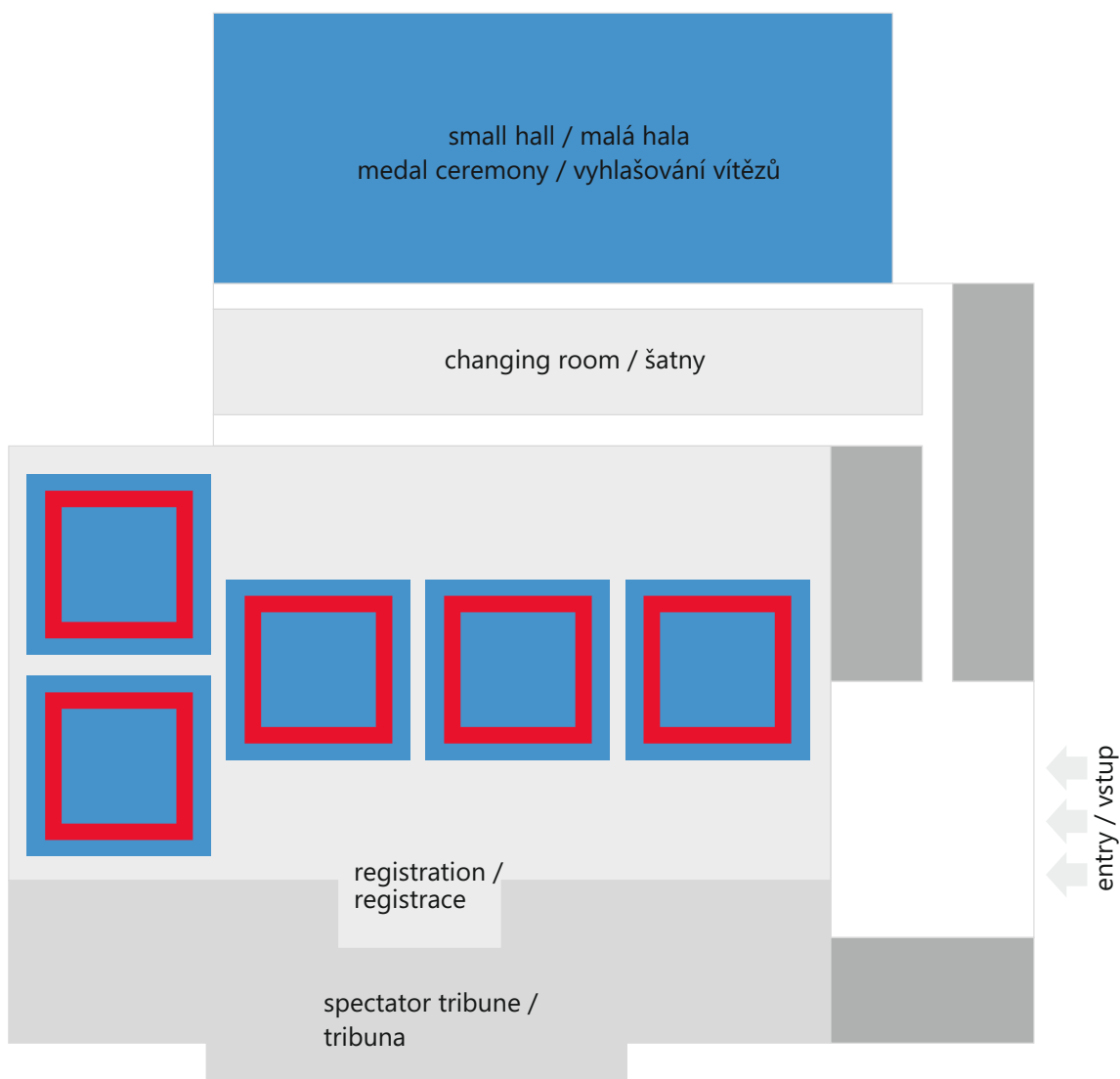
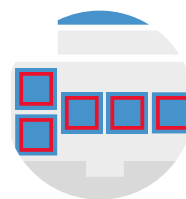
⑤ The Urban forests. What to see: Fields with fallow deers, wild boars , and sika deers (2 km from bus stop "Lesni hrbitov", bus line no.9). [www.mestskelesy.cz](http://www.mestskelesy.cz)

⑥ Public outdoor sauna NUUK (2km from confluence on the left bank of the Labe River) [www.saunanuuk.net](http://www.saunanuuk.net)

<https://www.hkinfo.cz/>

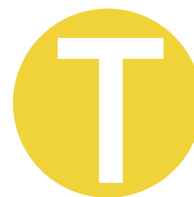
# SCHEME OF THE HALL

25<sup>th</sup> - 26<sup>th</sup> April 2026  
Trebes Sports Hall / Hradec Kralove / CZE



# TIME SCHEDULE

FRIDAY 24<sup>th</sup>, SATURDAY 25<sup>th</sup> April 2026  
Trebes Sports Hall / Hradec Kralove / CZE



Registration of competitors (in sports hall) FRI 24<sup>th</sup> April (18:00 – 21:00)/SAT 25<sup>th</sup> April (8:00 – 9:00)  
Referee meeting SAT 25<sup>th</sup> April (8:30 – 9:00)  
Start of the competition SAT 25<sup>th</sup> April (9:00)  
Finals block - TV broadcast SAT 25<sup>th</sup> April (afternoon)

## Cadets (14-15 years)

kata male / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu  
kata female / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu  
kata team male (with juniors)  
kata team female (with juniors)  
kumite male / -60, +60  
kumite female / -55, +55  
kumite OPEN (male, female)  
kumite team male cadets  
kumite team female cadets  
yakusoku kumite up to 7<sup>th</sup> kyu  
– sanbon kumite  
yakusoku kumite from 6<sup>th</sup> kyu  
– kihon ippon kumite

## Juniors (16-17 years)

kata male  
kata female  
kata team male (with cadets)  
kata team female (with cadets)  
kumite male / -65, +65  
kumite female / -55, +55  
kumite OPEN (male, female)  
kumite team male juniors  
kumite team female juniors  
yakusoku kumite from 6<sup>th</sup> kyu  
– kihon ippon kumite

## U20 (18-19 years)

kata male  
kata female  
kumite male / -70, +70  
kumite female / -60, +60  
kumite OPEN (male, female)

## Seniors (+20 years)

kata male  
kata female  
kata team male (+18 years)  
kata team female (+18 years)  
kumite male / -65, -75, -85, +85  
kumite female / -60, +60  
kumite OPEN (male, female)  
kumite team male seniors  
kumite team female seniors  
yakusoku kumite from 6<sup>th</sup> kyu  
– kihon ippon kumite

## Masters (-50 years)

kata male  
kata female  
kata team mix  
kumite team / male, female  
kumite male OPEN  
kumite female OPEN  
yakusoku kumite team

## Masters (-60 years)

kata male  
kata female  
kata team mix  
kumite team / male, female  
kumite male OPEN  
kumite female OPEN  
yakusoku kumite team

## Masters (+60 years)

kata male  
kata female  
kata team mix  
kumite team / male, female  
kumite male OPEN

Notes: It is allowed to start in own category and also in older category (except seniors/Masters).  
It's allowed for masters' categories to start in own category and also in younger category

# TIME SCHEDULE

SUNDAY 26<sup>th</sup> April 2026  
Trebes Sports Hall / Hradec Kralove / CZE



Registration of competitors

SUN 26<sup>th</sup> April (7:30 – 8:15)

Referee meeting

SUN 26<sup>th</sup> April (8:15 – 8:45)

Start of the competition

SUN 26<sup>th</sup> April (9:00)

## Children 7-9 years

kata boys / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata girls / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata team boys (7-13 years)

kata team girls (7-13 years)

kumite boys / -30, +30

kumite girls / -30, +30

kumite OPEN (boys, girls)

yakusoku kumite up to 7<sup>th</sup> kyu

– gohon kumite

yakusoku kumite from 6<sup>th</sup> kyu

– sanbon kumite

## Children 12-13 years

kata boys / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata girls / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata team boys (7-13 years)

kata team girls (7-13 years)

kumite boys -50, +50

kumite girls -45, +45

kumite OPEN (boys, girls)

yakusoku kumite up to 7<sup>th</sup> kyu

– sanbon kumite

yakusoku kumite from 6<sup>th</sup> kyu

– kihon ippon kumite

## Children 10-11 years

kata boys / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata girls / up to 7<sup>th</sup> kyu, from 6<sup>th</sup> kyu

kata team boys (7-13 years)

kata team girls (7-13 years)

kumite boys / -35, +35

kumite girls / -35, +35

kumite OPEN (boys, girls)

yakusoku kumite up to 7<sup>th</sup> kyu

– gohon kumite

yakusoku kumite from 6<sup>th</sup> kyu

– sanbon kumite

Note: It is allowed to start in own category and also in older category.

# RULES - KATA

Tournament with SKIEF rules with details mentioned below



<https://karate-skif.cz/wp-content/uploads/2019/03/SKIEF-Competition-Rules-2.1.pdf>

## **KATA**

- at least 9<sup>th</sup> kyu
- repasage: kohaku system until final 2. All who lost with finalists go to new "repasage" draw again; two competitors who win repasage draw and 2 finalist go together to FINAL 4 for points; one third place
- In kata category consisting of 5-7 contestants there will be semifinal with point system and then the final for the best 4 semifinalists with point system. In kata category consisting of 4 or less contestants there will be directly the final with point system
- SKIF standardization is preferred

## **children (7-13 years)**

- kohaku system: Heian Shodan – Godan selected by referee panel
- final – tokui kata: Heian Shodan – Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai and Empi

## **cadets (14-15 years)**

- kohaku system: Heian Shodan – Godan or Tekki Shodan selected by referee panel
- final – tokui kata: Heian Shodan – Godan, Tekki-Shodan, Bassai-dai, Jion, Kanku-dai, Empi, Gankaku, Jitte, Bassai-sho and Kanku-sho

## **juniors (16-17 years)**

- kohaku system: Heian Shodan – Godan or Tekki Shodan selected by referee panel
- final – tokui kata: all kata allowed (except Seienchin, Seipai, Gankaku-sho and Nijuhachi)

## **U20, seniors**

- kohaku system: Bassai-dai, Jion, Kanku-dai or Empi selected by referee panel
- final – tokui kata: all kata allowed

## **Masters**

- kohaku system: Bassai-dai, Jion
- final – tokui kata: all kata allowed

## **KATA TEAM**

- kata team will be held for 2 rounds, semifinal and final by point system, if there are more than 8 teams. If there is 8 and less teams, there will be 1 round; if there is any draw in semifinal, teams must perform different kata; if there is a draw in final, teams can perform kata from semifinal; so 2 katas must be prepared in total
- children (7-13 years) – Heian Shodan – Godan
- juniors, seniors, masters – all kata allowed
- kata team mix (masters) – males, females and mixed teams together, U50 and 50+ together

# RULES - KUMITE & TEAMS

Tournament with SKIEF rules with details mentioned below



## **KUMITE & KUMITE TEAM**

- at least 8<sup>th</sup> kyu
- all categories – Ippon Han Shobu
- children and cadets (7-15 years) – match of 90 seconds
- juniors, U20, seniors, Masters – match 120 seconds
- Repasage: kohaku system until final; all who lost with finalists go to new "repasage" draw again; two competitors who win "repasage" draw are third. There are two 3<sup>rd</sup> places to win.
- The kumite category is primarily intended for competitors from 6th kyu. Competitors from 8th kyu may also enter this discipline at their own risk, but with the risk that this discipline will clash with disciplines intended for competitors up to 7th kyu in the schedule.
- team – 3+1 competitors
- protectors: Gum shield, Mitts (approved by SKIF) are compulsory (red and blue mitts are allowed); Groin and Chest (Girls) protectors are recommended, but Shin protectors are forbidden; Body protectors are recommended for children's and cadet's categories (7-15 years)

## **YAKUSOKU KUMITE INDIVIDUAL (children)**

- system is same as in kumite. Individuals (not teams) are competing against each other in kohaku system with repasage
- gohon kumite – each competitor must do five attacks jodan oi-zuki and five attack chudan oi-zuki; each competitor must demonstrate one defending technique on each type of attack (so one defending technique five times)
- sanbon kumite – each competitor must do three attacks: jodan oi-zuki, chudan oi-zuki, chudan mae-geri; each competitor must demonstrate one defending technique on each attack
- kihon ippon kumite, jiyu ippon kumite – each competitor must do five attacks: jodan oi-zuki, chudan oi-zuki, chudan mae-geri, chudan yoko-geri-kekomi, jodan mawashi-geri; each competitor must demonstrate one defending technique on each attack; each competitor must demonstrate different defending techniques
- SKIF defending techniques are preferred

## **YAKUSOKU KUMITE TEAM (Masters)**

- competition of pairs (2 competitors complete as one team)
- one club can have more jakusoku kumite teams
- yakusoku kumite for seniors and masters will be held according to Article 16, page 18-19 of SKIEF competition Rules 2.1:  
<https://karate-skif.cz/wp-content/uploads/2019/03/SKIEF-Competition-Rules-2.1.pdf>
- one category mixed together, teams consisting of 2 competitors (male, female and mixed together)
- preliminary rounds - Kohaku system with repasage same as KATA - Kihon ippon kumite
- final 4 - point system - Jiyu ippon kumite

# IMPORTANT INFORMATION

entry forms, entry fees



## **Entry forms:**

till 17<sup>th</sup> April 2026 via e-mail [info@spartak.cz](mailto:info@spartak.cz)

## **Entry fees:**

10 EUR per individual category (kata, kumite, yakusoku kumite individual)

15 EUR per yakusoku kumite team

20 EUR per team category (kata team, kumite team)

It is possible to pay in cash during the registration on tournament or it is possible to pay in advance on bank account:

IBAN: Cz2320100000002600709258

SWIFT: FIOBCZPPXXX

Bank: Fio banka, a.s.

Adress: V Celnici 10, 117 21 Praha 1

Name account: SK Karate Spartak Hradec Kralove

All referees have accommodation in hotel Cernigov and meals during the tournament free of charge.

Individual participating countries may only display official national symbols in the sports hall. The use of other symbols, such as political symbols, is prohibited.

## **Protest fee:**

20 EUR

in case of successfull protest the protest fee will be repaid

## **Transfers:**

- we can arrange the transfer from Prague Airport to Hradec Kralove and back (for at least 3 persons). If you are interested to this possibility please send your order on [info@spartak.cz](mailto:info@spartak.cz) (with date of arrival and departure, number of persons)

# AWARDS

Grand Prix Hradec Kralove  
25<sup>th</sup> - 26<sup>th</sup> April 2026



## Individual categories

1<sup>st</sup> place cup, medal, diploma  
2<sup>nd</sup> place medal, diploma  
3<sup>rd</sup> place medal, diploma

## Kata TEAM

1<sup>st</sup> place 1x cup, 3x medal, 3x diploma  
2<sup>nd</sup> place 3x medal, 3x diploma  
3<sup>rd</sup> place 3x medal, 3x diploma

## Kumite TEAM

1<sup>st</sup> place 1x cup, 4x medal, 4x diploma  
2<sup>nd</sup> place 4x medal, 4x diploma  
3<sup>rd</sup> place 4x medal, 4x diploma

## Yakusoku kumite TEAM

1<sup>st</sup> place 2x cup, 2x medal, 2x diploma  
2<sup>nd</sup> place 2x medal, 2x diploma  
3<sup>rd</sup> place 2x medal, 2x diploma

